

## INFLUENZA REMEDY DIFFERENTIAL

<u>REMEDY</u>	<u>ACONITE</u>	<u>ARNICA</u>	<u>BAPTISIA</u>	<u>BELLADONNA</u>
<u>FEVER</u>	HIGH—104	head hot/body cold	HIGH	HIGH—TO 105
<u>ONSET</u>	sudden	sudden	sudden	<u>RAPID onset</u>
<u>CHILLS</u>	< from sudden dry cold	< damp cold		begins in hands & arms
<u>LOCAL</u>	dry cough	terrible aching, bed feels too hard Whole body aches	face red, dull, bruised sore all over	red face, dilated pupils severe H/A c. throbbing <u>bounding pulses</u>
<u>GENERAL</u>	> fresh air, Flushed face Restless Constricted pupils Wants cold drinks	offensive breath & eructations	pt. falls asleep in mid- sentence; stomach flu w. putrid diarrhea mastoiditis following flu soreness of body	Rt. Sided H/A, eye pain sore throat, < jarring motion hands & feet icy cold, thirstless face & body hot; < bright light craves lemons & lemonade
<u>MENTAL</u>	great anxiety Worry, fear Thinks about death		great confusion dullness of mind stupor—coma	rapidly developing delirium or hallucinations

CHART UPDATED and COMPILED by Lois Bergman 1/1/2011

<b>REMEDY</b>	<b>NUX VOMICA</b>	<b>ARSENICUM</b>	<b>APIS</b>	<b>BRYONIA</b>
<b><u>FEVER</u></b>	<b>HIGH</b> Nausea & aches	<b>HIGH—102 - 104</b>	<b>HIGH—102+</b>	perspiring heat < 9 pm
<b><u>ONSET</u></b>	<b>Rapid—all in 1 day</b>	<b>slow—2 to 3 days</b>		<b>slow</b>
<b><u>CHILLS</u></b>	<b>cold</b> Intense chills c. rigor	<b>face hot, body cold</b>		<b>rt.sided, w. anger</b>
<b><u>LOCAL</u></b>	severe H/A, raw sore Raw sore throat Nausea with vomiting Body aches, > w. warmth	pale face, anxious expression nausea, vomiting diarrhea	hot red face face swollen no sweat at all dry heat alt. w. sweats	pneumonia—rt. Side left sided or frontal H/A tongue coated white or dirty brown burning coryza
<b><u>GENERAL</u></b>	sensitivity to all stimuli Horrible, intense chills With rigor;	thirst for small sips tongue coated white restlessness, collapse	sore throat c. swelling of uvula; > cold drinks > cold, cold apps.	warm, < warm rooms, thirst for large gulps, < sl. Motion Restless; < rt. side
<b><u>MENTAL</u></b>	over excited, fastidious Oversensitive, sleepless	marked anxiety needs company Fears may dies, clutter upsets	irritable, controlling	irritable, dull, averse to answering desires to be left alone, delirious sx < by financial issues

<b>REMEDY</b>	<b>ASCLEPIAS</b>	<b>GELSEMIUM</b>	<b>MERCURY</b>	<b>RHUS TOX</b>
<b><u>FEVER</u></b>	Bilious fever < motion, deep breathing	hot, then cold	high—106 < heat & cold	moderate to high < getting chilled
<b><u>ONSET</u></b>		<b>SLOW:</b> 1 to 3 days	slow—as illness deepens	from getting chilled
<b><u>CHILLS</u></b>		w. flushes of heat up & down back Paralytic weakness	thirsty	esp from uncovering or drafts as if dashed with cold water chilly
<b><u>LOCAL</u></b>	flu w. marked weakness on walking	H/A from occiput radiating to forehead head heavy, eyelids droopy	dirty smelling drooling; increased increased salivation	sore throat; red triangle on tip of tongue, herpes lesions on lips with the fever
<b><u>GENERAL</u></b>	shooting pleuritic pain During flu, lingering after Short of breath on walking	< @ 10 am; thirst minimal weakness, heaviness of limbs; sleepy feeling	filthy tongue, sore large flabby tongue bad breath	whole body aching; terrible stiffness pains > constant movement > warm baths, applications or drinks
<b><u>MENTAL</u></b>		debility, heaviness		anxiety & restlessness during flu

<b>REMEDY</b>	<b>EUPATOR. PERF.</b>	<b>PYROGEN.</b>	<b>FERR. PHOS</b>	<b>CAUSTICUM</b>
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<b>FEVER</b>	<b>HIGH 102 OR +</b>	<b>HIGH 102-106</b>	<b>HIGH (102)</b>	<b>FLUSHES of heat, chills</b>
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<b>ONSET</b>	<b>w. terrible aches</b>	<b>lasts for days</b>		
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<b><u>CHILLS</u></b>	begin @ 9 am	felt deep inside bones	from extremes of temp.	
	Sensitive to cold air	< cold	evening or 3 to 4 am	
	< p drinking, cold air		change of weather	

<b><u>LOCAL</u></b>	terrible aching of bones	muscle aches < motion	rt. sided sx	cough & respiratory flu
	as if they would break	> motion, > heat/warmth	H/A; chest pa	dull, pressive H/A
	both muscles & bones ache	abnormal consciousness of heart	pharyngitis	sore chest from cough
				scanty productive cough

<b><u>GENERAL</u></b>	thirst for cold drinks	soreness	lachrymation during flu	
	Craves cold foods & ice	disparity between pulse & temp	acrid coryza, hoarseness	
	Cream; severe H/A	rapid dev bed sores	involuntary urination fr cough	
			Stiff neck during fever	

<b>REMEDY</b>	<b>HEPAR</b>	<b>CHINA</b>	<b>SAM. NIGER</b>
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<b>FEVER</b>	HECTIC—LOW FEVER		
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<b>WORSE</b>	uncovering, drafts, open air Motion, in bed	COLD, regular intervals regular intervals, every 7 days, marked prodrome	lying—feels suffocated
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<b>ONSET</b>	croup, pertussis, avian flu		
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<b>CHILLS</b>	_extremely chilly fr cold wind or uncovering	cold from loss of fluids, blood loss vomiting, diarrhea	body hot, feet icy cold
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<b>LOCAL</b>	swollen tonsils & glands of neck Hawks mucous, longing for acids Drinks hastily	face: deathly pale or flushed red anemic, pale, weak, sensitive, tired limbs, need to stretch	nasal obstruction. Child unable to nurse; hoarseness w. much mucous in larynx
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<b>GENERAL</b>	yellowish discharge, profuse Profuse sweat day & noc; night sweats Chills alternate w. noc sweats	sensitive to: touch, cold air, motion painless diarrhea w. lots of gas	cyanosis during cough, respiration difficult @ noc; pt jumps up—feels suffocated
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**MENTAL**

Irritable, dejected, sad, cross children

**REMEDY****SULPHUR****CARBO VEG**

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**FEVER** HOT—HEAD VERY HOT, FEET cold

**COLD**—very pale, air hunger, shortness of breath

**WORSE FR** open air & drafts

must sit up in bed

**ONSET** partially recovers then relapses

corpse reviver

**CHILLS** sensitive to open air & drafts

**LOCAL** soles of feet burn @ noc

bloating indigestion, **lots of gas**

**GENERAL** burning sensation

often an ICU remedy

Skin irritations

when life seems to be draining away

Hungry @ 11 am, but not before

Complaints often left-sided

**MENTAL**

Wants to be appreciated