

Vital Force Consulting, Inc.
108 E. Third Street
Northfield, MN 55057
507.645.4329
www.vitalforceconsulting.com
vfc@vitalforceconsulting.com



HOMEOPATHIC FLU MANAGEMENT

Homeopathic Prevention Of Flu

Influenzinum 30C: One popular protocol is to take one dose once a week for 4 weeks. Then repeat one dose at the end of month. Follow the sheet of Vital Force Consulting instructions and things to avoid during the course of expected results. Every year a new batch of this remedy is made and it contains the three most recent strains of the flu virus. **We recommend the 30C potency.**

Over-The-Counter Homeopathic Treatment Of Flu

The media has not adequately reported on the only **over-the-counter homeopathic flu medicine** that has at least THREE large independent clinical studies verifying its efficacy. And that medicine is a homeopathic medicine called **Oscillococcinum**.

Oscillococcinum is actually made from the heart and liver of a duck. Biologists and epidemiologists have determined that 80% of ducks carry every known flu virus in their digestive tracts. Oscillococcinum includes homeopathic doses of these viruses (and of their antibodies).

For the record the three studies that have confirmed the efficacy of Oscillococcinum are Ferley, 1989; Cassanova, 1992; Papp, 1998. Each of these trials was relatively large in the number of subjects (487 patients, 300 patients, and 372 patients), and all were multi-centered placebo-controlled and double-blind (two of the three trials were also randomized). Each of these trials showed statistically significant results.

Dosage: Oscillococcinum is a remedy that is most effective if used **during the first 48 hours of start of flu** symptoms. Even in first 48 hours, the sooner you begin, the better its efficacy. Take a dose and repeat as per instructions on the vial.

Over-The-Counter Use Of Homeopathic Remedies For Flu:

Dosage: If you are using home management by referring to homeopathic books or website articles, please use the 6, 12, or 30 C potency every 3 to 6 hours for the first two or three doses. If significant improvement doesn't occur after 24 hours, please call a homeopathic practitioner and licensed physician. If significant improvement occurs in first 24 hours, take a dose only if improved symptoms regress.

Over-the-counter treatment is for any milder forms of flu. For severe symptoms, you must call your licensed physician or go to an emergency room.

Classical Homeopathic Constitutional Treatment:

Homeopathic practitioners are trained to find an individually suited homeopathic remedy for you. The benefits of such individually suited homeopathic medicine or remedy far exceed over the counter or at home prescriptions.

Countering After-Effects Of Flu With Homeopathic Remedy

Influenzinum (influenza virus): If a person develops long lasting symptoms after a bout of the flu, use a single dose of this remedy in the 30th or 200th potency.

Please refer to articles on our website www.vitalforceconsulting.com or call us at 507.645.4329.

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Homeopathy, Health, Healing

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